

# GAYA

## Get A Youth Active !

**12-22 June 2017**  
**Ajaccio, France**

**Countries involved** : Austria, Croatia, France, Italy  
**26 Participants**

**Theme** : Environnement and new technologies

Organised by [Center of Youth and Sport of Corsica](#) (CSJC)



## WHAT IS THE PROJECT ?

The Youth Exchange “Get A Youth Active (GAYA)” brings together young people of all profiles, from 4 different countries. **The aim is to give the voice to participants about the natural environment and the human impact on nature.** The project aims to create short movies about different topics and promote behavior change using different non-formal learning methods - learning from experience, living and working together with young people from other countries and cultures in a different place.

**Activities:** immersion in nature with outdoor sports, outdoor night, discovering the environment, workshops, shooting and editing short movies, organising the exhibition.

**Language:** Activities will be in english, to enhance language practice. Trainers and group leaders should speak english fluently to help communication.

### SOME OBJECTIVES OF THE YOUTH EXCHANGE

1. Develop technical skills of individuals (new technologies editing and making videos, skills in organisation and responsibilities)
2. Reinforce soft skills of individuals and getting knowledge about non-formal education (self development, management, responsibilities, take risks, self knowledge and knowing others, languages, social and cultural mixity)
3. Develop awareness about positive and negative impact of Human above environment and nature.

## PARTICIPANTS

### **26 Participants :**

- 4+1 for Sardinia (coming by car if possible)
- 4+1 for Croatia (coming by car if possible)
- 5+1 for France + 1 special need accompanying person
- 5+1 for Austria + 1 special need accompanying person
- 2 trainers

**Profile :** We aim at involving participants from all profiles between 15 and 25 years old, especially participants with disability as we are including 2 supporting persons. Of course if participant is interested, ages can be adapted between 13 and 30 years old. It is not necessary to speak english. Please note that CSJC has 2 rooms to host participants with wheelchair. Give a priority to the mixity of local communities.

**Info about accompanying person :** 1000€ on bill for the whole project.

**It is important to let us know very early for participants  
in wheelchairs as we have only 2 rooms !**

### **PARTICIPANTS WILL BE COMMITED TO:**

- **Get involved in every step of the project :**
  - o prep meeting,
  - o project,
  - o conclusion meeting
- **Create interactive group presentation during intercultural evening :**
  - o Present your country's culture in 30 minutes max (keep in mind that it is about sharing culture, not promoting nationalism ;) )
  - o You can bring food but there is no refrigrator and we cannot cook
- **Create a short movie in small groups, organising the night out, organising the exhibition**

### **PARTNERS/GROUP LEADERS WILL BE COMMITED TO :**

- **Make a preparation meeting with participants (within the month before the project) to :**
  - o Meet between participants
  - o Share the objective of the project and program
  - o Talk about what is the YouthPass
  - o Think already about the intercultural activity
  - o Take care of 15€ participation fee
  - o Talk about material to bring / Help with the registration file online.
- **Lead a 1h30 workshop on the topic during the week**
- **Organise a conclusion meeting with participants (within the month after the project) to :**
  - o Ask about a small report
  - o Ask about the professionnall and personnal possible change
  - o Help participants with Erasmus+ related topics (EVS/Project's building...)

## PRACTICAL INFOS

**Arrival :** Monday 12/06/17 max 18pm.

**Departure :** Thursday 22/06/17 from 9am to 12pm.

### Travel tips

Due to its touristic attraction, please note that fees are expensive to come to Corsica, especially in summer time ! So **be sure that you book your transportation as soon as possible** to pay the minimum amount. Cheaper option is the boat, but it's the longest : you might have to plan a night in the boat.

- **By air** : airfrance, aircorsica, easyjet, volotea
- **By boat** : corsica ferry, corsica linea, meridionale...

### Accommodation and meals :

- We will be hosted in fully equipped CSJC rooms. Participants will be in rooms by 2 or 3 from same country. It is necessary to take your towel and your hygienic kit.
- CSJC will organise meals. Depending on program it can be cold (outside activities) or hot meals at the self restaurant.

### Insurance

- Participants should bring their European Health Insurance Card and are recommended to take travel insurance

### Participation fee and Refunding process

- Participation is 15 euro and is to be paid in cash on arrival to the project
- Travelling costs to be reimbursed are in the amount of tickets prices up to the maximum (regarding Erasmus+ refunding rules) per each participant, by **transferring the reimbursement to sending organization account**. Please note that CSJC cannot refund individuals !



Country	Max refund per participant in €
Austria	170
Croatia	170
France / Ajaccio	0
France / Bastia and mainland	80
Italy	80

## About coordinator CSJC :

The CSJC has a strong position in the field of youth, sport and cultural development of the island, especially with the organisation of actions about various topics regarding all publics.

There are four main missions that the CSJC works on :

- An issue of social utility
- A sporting challenge
- An issue of public service
- A challenge for sustainable development:
- For a few years now, the establishment is developing the island internationally.

## SUMMARY OF WHAT YOU HAVE TO DO

- Make sure you arrive in Ajaccio. Public transports are not very convenient in the island if you arrive somewhere else.
- Let know the CSJC if you need cold lunch on departure day before project starts.
- Let know asap about special diet in your group.
- Let know about participants in wheelchairs

## Material to bring

- Outdoor clothes - comfortable sport clothes and sport shoes (consider sea and hike)
- Material to sleep outside : Bag + Sleeping bag + mattress + head light + plate and cutleries. **Please let know the organisation if you don't own this material.**
- Personal medications (if needed)
- Personal things (towel, personal hygiene kit)
- Passport or other official identification
- Invoices and travel tickets

## Applications and information

For any questions and information about the project and application process contact the sending organizations and contact persons. If this youth exchange is interesting you, please send your application forms to your organisation **before May 1st.**

Country	Sending Organisation	Contact
Austria	BiondekBühne	gregor.ruttner@biondekbuehne.at
Croatia	Outward Bound Croatia	lana.novosel@outwardbound.hr
France	Centre du Sport et de la Jeunesse de Corse	guilhem.vion@laposte.net
Italy	Mine Vaganti	president@minevaganti.org